



SPRINGHURST

HEALTH CAMPUS

*A Trilogy Senior Living Community*

# Sentinel

March 2023

## The Trilogy Experience – Highlights

Being a part of a Trilogy campus means living life to the fullest – whether you’re a resident, an employee, or a member of the local community! From intimate campus events to large statewide fundraisers, we’re proud to make a difference in the life of those that we serve by making each day more special than the last. Here’s how.

### Theme Weeks

When it comes to celebrating Trilogy culture, there are few things better than our iconic Theme Weeks! Four times a year, we take a Theme and use it to change our campus into something new entirely – whether it’s New Orleans during Mardi Gras, Willy Wonka’s Chocolate Factory, or, more recently, the

venue of a Snowflake Ball! More than just a decorative overhaul, these events also feature a week of theme related activities and menu options.

### Customer Satisfaction Survey

Twice a year, we use our Customer Satisfaction Survey to gauge how our residents and families are feeling about their experience at our campus. Based on the feedback we receive, we’ll make corrections and improvements to further enhance the Trilogy experience for those who call our campus home. This spring’s survey will close on March 17th, so if you’ve been happy with our services, be sure to give us a “high five”!



### Happy Hour

It’s 5 o’clock somewhere! Held every Friday, Happy Hours bring our residents and employees together to enjoy delicious beverages served up by the members of our team. Whether you’re wanting to start the weekend with a cocktail or just want to socialize, Happy Hours are a perfect way to catch up with friends both old and new.

*For more information about everything that we have to offer, be sure to visit our website at <https://trilogyhs.com/lifestyle/>.*

# Happy Birthday!

## Residents

Harriet R.	03/01
Geraldean H.	03/01
Wilma G.	03/03
Dale K.	03/04
Lila D.	03/11
Robert S.	03/12
Nila J.	03/13
Lynn W.	03/14
Carol S.	03/16
Linda M.	03/17
Suzi B.	03/25
Ethel B.	03/30

## Staff

Alisha R.	03/21
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## Executive Director Corner

Welcome to March, everyone!  
With warmer

weather ahead, it's time to start looking forward to a springtime of community outings and outdoor adventures. We'll have more to share as temperatures continue to go up – so be sure to keep your eye out in the weeks ahead!

In honor of National Employee Appreciation Day (March 3rd), I want to give a special shoutout to everyone who helped bring our Dancing Through the Decades theme week to life. From Life Enrichment to Culinary, each of our amazing teams have worked tirelessly to bring our very first Sock Hop to life – and we couldn't

have asked for a better result. We can't wait to see what you have planned for the Theme Weeks to come!

Finally, the last day to participate in our spring Customer Satisfaction Survey is March 17th. This is a great opportunity to let us know how we're doing and tell us about where you would like to see improvements made. The survey has been sent via email and SMS text message, so be sure to participate and let us know how we're doing.

As always, thank you for making each day something special. Let's have a great month!

Yours in Service,

*Marshall Hopkins*

Executive Director

## Volunteers Needed

Last month we hosted a volunteer recruitment luncheon. We value our volunteers; they are the heart of our campus! For this Share the Love event, we served lunch made by our dietary team and spoke on why volunteers are so important to us. Thank you to all who joined us and want to help enrich the lives of our residents.



*Thanks to all of our volunteers for brightening our campus!*



*Volunteers are the heart of our campus.  
Thank you for your kindness*

## Family Night

In February, we hosted a sweetheart dinner! We had the residents invite a loved one to join them for a special supper near Valentines Day. February is the month of love! What better way to celebrate then with the people you love! Thank you to all who joined us on that special day! We love serving our residents every day!





*Thanks Chef Mike for making such an exquisite meal.*



*Doc and Joan enjoying their 69th wedding anniversary!*

# HAPPY ANNIVERSARY

Richard “Doc” Bowen is a long-term resident here. His wife, Joan, visits him almost daily. Recently, Doc and his wife celebrated their 69th wedding anniversary! Life Enrichment and dietary worked together to host a special lunch for the couple accompanied alongside their daughter. While enjoying the scrumptious meal that they requested they got to view heart shaped balloons, a massive box of chocolates, fresh roses, and even a cute tiny teddy bear! We can only hope Doc and Joan enjoyed it as much as us!

## Five Reasons We Deserve a High Five!

### 1. The Amazing Cuisine

We love seeing Chef Mike concepts for our menu and how he brings them to the table. What we love even more, is being able to enjoy it. It’s a plus being able to experience meals with our loved ones during brunch, happy hour, and theme dinners!

### 2. The Fun-Filled Activities

What’s better than viewing our activity calendar and loving everything you see? Well, it is even better experiencing it! Don’t believe us? Come in and join all the fun; you are always welcomed! The best part, our suggestions are heard and taken into consideration during the planning process. Though we think of some amazing ideas, our

activity team thinks of things that are bigger than life! Being able to go on weekly outings is just a plus! Have you heard about our Live-A-Dream program? Talk to our Life Enrichment Team about all our dreams they have accomplished!

### 3. The Home Atmosphere

Not only does housekeeping do a great job in keeping our campus clean, tidy, and smelling great, but we truly feel as though this is home. The staff here at Springhurst, treat us as family. If we have something that needs repaired, maintenance is always there with a helping hand. When you walk into Springhurst, you can clearly see we are all family.

### 4. The Exceptional Care

We are truly blessed to have the knowledgeable nursing staff that we do. They genuinely have servant hearts!

They not only care for us each day, but they build personal relationships with each one of us. We couldn’t be in better hands!

### 5. Caring for our Well-being

Being here at Springhurst, we truly feel as though all staff care for our well-being. Therapy works hard to encourage us to gain strength and confidence we didn’t know we had. Social Services are always there if we need a listening ear, or to connect us with services outside our facility. They help us adjust to changes and challenges that we face on an everyday basis.



*At Springhurst, we are family!*



*We care for our residents here at Springhurst!*



# SPRINGHURST

HEALTH CAMPUS

A Trilogy Senior Living Community

628 N. Meridian Road

Greenfield, IN 46140

317-462-7067

springhursthc.com |

*Marshall Hopkins*  
Executive Director

*Cortnee Hancock*  
Director of Health Services

*Ashley Brackin*  
Legacy Neighborhood Director

*Sandra Box*  
Villa Lifestyle's Director

*Anni Doan*  
Therapy Director

*Mackenzie Quinn*  
Business Office Manager

*Laura Titara*  
Customer Service Rep

*Shatara Forte*  
Director of Social Services

*Gina Robinson*  
MDS Coordinator  
and Medical Records

*Chelsea Johnson*  
Life Enrichment Director

*Mike Jarnecke*  
Director of Food Services

*TBD*  
Director of Plant Operations

*Larry Alvey*  
Environmental Services

## Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

*We strive to provide the best customer service and quality care for our residents.*

*Our Department Leaders are here to solve any concerns you may have.*

*In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

**Question 1:** What is the name of the dog in *The Wizard of Oz*?

**Question 2:** Which continent spans all four hemispheres?

**Question 3:** Which planet in our solar system has the most volcanoes?

**Question 4:** What was the name of the first monkey

**Question 5:** What was the first novel ever written on a typewriter?

## SUDOKU

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	3		8	1		6		4
	2	7		6		8	3	
	9	5				7	6	3
3	6		7	9	2		8	
8	7				6		4	9
6							7	
7	5		6		8		1	
	4		2	7				

Flip the page for last month's trivia answers:

- Q1: "Komnichira" means "hello"
- Q2: What was the first US state? Delaware
- Q3: Where is Stonehenge located? Wiltshire, England
- Q4: What is the fastest land animal? The cheetah
- Q5: Which state is known as "The Golden State"? California

## Word Search

X	N	T	O	J	C	J	M	O	A	H	R	W	Q	U	E	N	S	E
X	B	F	G	G	Q	C	F	E	K	I	G	Q	C	V	S	T	E	Z
W	X	R	L	O	K	E	X	Q	J	C	W	K	Y	E	U	H	C	G
T	Q	P	Y	C	O	M	M	U	N	I	T	Y	O	U	R	E	D	P
U	M	I	F	L	H	M	Z	A	Y	S	T	T	S	R	V	M	N	U
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Z	Z	D	S	B	H	E	Y	B	H	F	C	O	L	U	M	Q	J	N
P	N	W	B	T	O	N	D	M	K	A	X	D	C	U	M	H	O	S
V	I	J	S	V	C	D	X	E	H	C	P	X	R	K	J	Z	I	G
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N	L	O	F	D	M	D	F	E	E	D	B	A	C	K	H	Q	S	E
E	B	R	Q	M	W	G	B	E	V	E	R	A	G	E	V	G	R	K

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|-----------|------------|--------------|---------|
| BEVERAGE  | DRINKS     | FUN          | SPECIAL |
| CHOCOLATE | EXPERIENCE | HAPPINESS    | SURVEY  |
| COCKTAIL  | FEEDBACK   | SATISFACTION | THEME   |
| COMMUNITY | FRIENDS    | SOCIAL       | WEEK    |