



AUTUMN WOODS

HEALTH CAMPUS

A Trilogy Senior Living Community

Journal

March 2023

The Trilogy Experience – Highlights

Being a part of a Trilogy campus means living life to the fullest – whether you’re a resident, an employee, or a member of the local community! From intimate campus events to large statewide fundraisers, we’re proud to make a difference in the life of those that we serve by making each day more special than the last. Here’s how.

Theme Weeks

When it comes to celebrating Trilogy culture, there are few things better than our iconic Theme Weeks! Four times a year, we take a Theme and use it to change our campus into something new entirely – whether it’s New Orleans during Mardi Gras, Willy Wonka’s Chocolate Factory, or, more recently, the

venue of a Snowflake Ball! More than just a decorative overhaul, these events also feature a week of theme related activities and menu options.

Customer Satisfaction Survey

Twice a year, we use our Customer Satisfaction Survey to gauge how our residents and families are feeling about their experience at our campus. Based on the feedback we receive, we’ll make corrections and improvements to further enhance the Trilogy experience for those who call our campus home. This spring’s survey will close on March 17th, so if you’ve been happy with our services, be sure to give us a “high five”!



Happy Hour

It’s 5 o’clock somewhere! Held every Friday, Happy Hours bring our residents and employees together to enjoy delicious beverages served up by the members of our team. Whether you’re wanting to start the weekend with a cocktail or just want to socialize, Happy Hours are a perfect way to catch up with friends both old and new.

For more information about everything that we have to offer, be sure to visit our website at <https://trilogyhs.com/lifestyle/>.

Happy Birthday!

Residents

Kathleen S.	03/01
Jacqueline C.	03/01
Nina S.	03/04
David S.	03/04
Earl B.	03/13
Keith S.	03/16
Doris B.	03/29
Jerald S.	03/29

Staff

Sarah B.	03/06
Adeline S.	03/09
Azaria O.	03/11
Taylor P.	03/17
Bradley M.	03/20
Sophia J.	03/23
Shiree R.	03/26
Jennifer E.	03/27
Brehanna W.	03/28
Keyeria W.	03/28
Ashley A.	03/29

Executive Director Corner

Welcome to March, everyone!

With warmer weather ahead, it's time to start looking forward to a springtime of community outings and outdoor adventures. We'll have more to share as temperatures continue to go up – so be sure to keep your eye out in the weeks ahead!

In honor of National Employee Appreciation Day (March 3rd), I want to give a special shoutout to everyone who helped bring our Dancing Through the Decades theme week to life. From Life Enrichment to Culinary, each of our amazing teams have worked tirelessly to bring our very first Sock Hop to life – and we couldn't have asked for a better result. We

can't wait to see what you have planned for the Theme Weeks to come!

Finally, the last day to participate in our spring Customer Satisfaction Survey is March 17th. This is a great opportunity to let us know how we're doing and tell us about where you would like to see improvements made. The survey has been sent via email and SMS text message, so be sure to participate and let us know how we're doing.

As always, thank you for making each day something special. Let's have a great month!

Yours in service,

Larry Reed

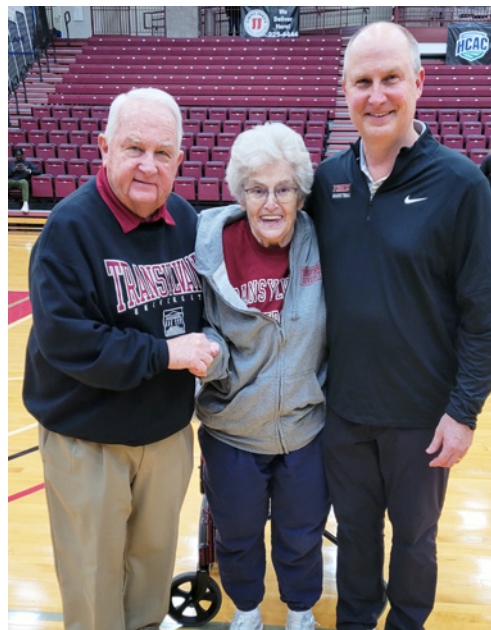
Executive Director

Community Connections

- Park Christian Church will be hosting a service on Sunday, March 5th beginning at 1:30pm in the Main Dining Rm.
- OLPH will be hosting a service on Friday; March 17th beginning at 10am in the Small Dining Rm.
- Trinity United Methodist Church will be hosting a service on Sunday, March 19th beginning at 1:30pm in the Main Dining Rm.
- Our Volunteer Rita from Holy Family comes weekly to give communion. If you would like her to visit, please see one of our Life Enrichment Associates to be placed on her roster to visit.

PHOTO HIGHLIGHTS

One of our residents on our Legacy Lane mentioned how she would love to go watch her nephew coach his college Basketball team located in Lexington, Ky. It was mentioned to our LED; Bobbie Jo and she coordinated and assisted her to the game. She smiled ear to ear the entire day! She cheered so much she couldn't hardly speak the following day!!!



More PHOTO HIGHLIGHTS



MOJITO HAPPY HR.

Our residents love Fridays, where we enjoy Happy Hour with live music and appetizers made by our DFS; Ryan!



Theme Dinner

Our next Themed Dinner will be Thursday, March 2nd at 5pm where we will have live entertainment and a 1950's Sock Hop. So get your poodle skirts ready to have a rocking good time!

Entertainment

- Musical Entertainment with Sass Trio for our 1950's Themed Dinner beginning at 5:30pm.
- Musical Entertainment with James Ford on Legacy on Friday; March 3rd at 2pm.
- Happy Hour with "Sass Trio" Performance beginning at 2pm on Friday; March 10th in our Main Dining Rm
- Musical Performance by "Here by Grace" will be held on Thursday; March 9th beginning at 6pm in our Main Dining Rm.
- Happy Hour with Melburn will be on Friday; March 3rd beginning at 2pm in our main dining rm and then on March 17th during Legacy Happy Hour at 2pm.
- Musical Entertainment with the local Merry Melodies beginning at 2pm on March 13th.
- Musical Therapy with Tyler will be held on Wednesday, March 15th at 10am on our Legacy Lane and 10:45am in our main dining room.
- Musical Entertainment with Silas will be held on Wed; March 22nd beginning at 4pm.
- Musical Entertainment by David Hunt will be held on Thurs. Feb. 23rd beginning at 3pm in our main dining room.
- Musical Entertainment by Otis Berry will be held during Happy Hour on Fri. March 24th beginning at 2pm in the main dining room



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2911 Green Valley Road

New Albany, IN 47150

812-941-9893

autumnwoodshc.com |

Larry Reed
Executive Director

Adrienne Thomas
Director of Health Services

Mistie Ragland
Assistant Director of Health Services

Lisa Sweeney
Business Office Manager

Bobbie Jo Adams
Life Enrichment Director

Amanda Rusk
Director of Rehab Services

Abby Filmer
Legacy Lane Coordinator

Ryan Sylva
Director of Food Services

Chris Wright
Director of Plant Operations

Christine Burke
Social Service Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What is the name of the dog in *The Wizard of Oz*?

Question 2: Which continent spans all four hemispheres?

Question 3: Which planet in our solar system has the most volcanoes?

Question 4: What was the name of the first monkey

Question 5: What was the first novel ever written on a typewriter?

SUDOKU

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7	5		6		8		1	
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Flip the page for last month's trivia answers:

- Q1: "Komichirwa" means "hello" in what language? Japanese
- Q2: What was the first US state? Delaware
- Q3: Where is Stonehenge located? Wiltshire, England
- Q4: What is the fastest land animal? The cheetah
- Q5: Which state is known as "The Golden State"? California

Word Search

X	N	T	O	J	C	J	M	O	A	H	R	W	Q	U	E	N	S	E
X	B	F	G	G	Q	C	F	E	K	I	G	Q	C	V	S	T	E	Z
W	X	R	L	O	K	E	X	Q	J	C	W	K	Y	E	U	H	C	G
T	Q	P	Y	C	O	M	M	U	N	I	T	Y	O	U	R	E	D	P
U	M	I	F	L	H	M	Z	A	Y	S	T	T	S	R	V	M	N	U
E	X	P	E	R	I	E	N	C	E	A	Z	W	O	V	E	E	F	Y
W	P	D	Q	S	E	F	L	A	N	T	F	L	C	X	Y	J	U	F
F	B	J	W	V	N	R	I	W	S	I	U	R	I	F	H	Z	N	F
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Z	Z	D	S	B	H	E	Y	B	H	F	C	O	L	U	M	Q	J	N
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N	L	O	F	D	M	D	F	E	E	D	B	A	C	K	H	Q	S	E
E	B	R	Q	M	W	G	B	E	V	E	R	A	G	E	V	G	R	K

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|-----------|------------|--------------|---------|
| BEVERAGE | DRINKS | FUN | SPECIAL |
| CHOCOLATE | EXPERIENCE | HAPPINESS | SURVEY |
| COCKTAIL | FEEDBACK | SATISFACTION | THEME |
| COMMUNITY | FRIENDS | SOCIAL | WEEK |