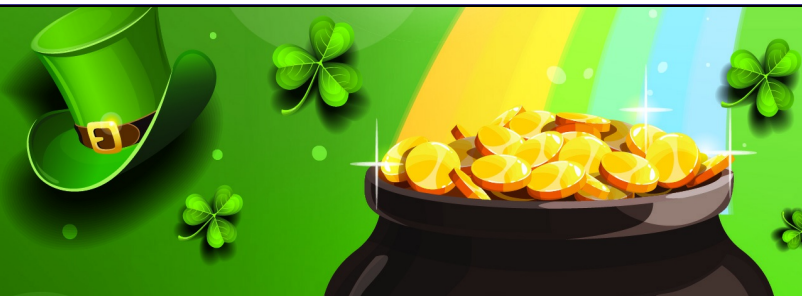




MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys K - Keeping it Sharp/Reminisce L - Lifelong Learning</p>	<p>MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>	<p>All activities are subject to change - any additions or changes will be posted via Lifeshare.</p>	<p>1 I 9:00 Snack-Tivity Cart Visits I 11:00 Bible Study with the Carpenter's Christian Church! O 11:40 The Lunch Bunch: Cracker Barrel MM 1:30 Mindful Moments: Laughing Babies</p>	<p>2 M 9:00 In-Room Visits S 11:00 Music at the Sock Hop! S 12:00 1950's Sock Hop Themed Lunch! MM 1:30 Mindful Moments: Gardening GG 2:00 Bingo! M 3:00 Harrodsburg Glee Club!</p>	<p>3 L 9:00 In Room Visits L 10:00 Travelogue: Let's Visit Ottawa M 10:30 Singing With the Royalty's! MM 1:30 Mindful Moments- Hand Massages S 2:30 50's Sock Hop Happy</p>	<p>4 I 9:00 In-Room Visits IG 10:30 Just the Guys: 50s Cars and Treats! MM 1:30 Mindful Moments: Sports A 2:00 Creating a Journal From Blank Cards! K 3:30 Crazy Eights in the</p>
<p>5 A 9:00 Sunday Fun Cart Visits I 10:30 Church Service from the Salvisa Baptist Youth! MM 1:30 Mindful Moments: Cooking M 2:30 Hymn Sing V 3:30 Spring Yoga in the</p>	<p>6 M 9:00 Activity Cart Visits M 10:30 Music with Judy Leathers! MM 1:30 Mindful Moments: Baby Care CC 2:00 Volunteer Bingo! V 3:30 Ten Minute Chair Ballet!</p>	<p>7 V 9:00 In-Room Visits V 10:00 Morning Movement! M 10:30 Music & More with Nela Monroe! MM 1:30 Mindful Moments: Bubbles A 2:00 Crafting Tissue Paper Flowers!</p>	<p>8 I 9:00 Snack-Tivity Cart Visits I 11:00 Bible Study with the Carpenter's Christian Church! MM 1:30 Mindful Moments: Laughing Babies O 2:00 Shopping Trip: Walmart K 3:30 Remembering Famous</p>	<p>9 O 9:00 In-Room Visits O 10:00 Party Bus! V 11:00 Warmup for the Weekend! MM 1:30 Mindful Moments: Gardening S 2:00 Chef's Circle GG 2:30 Bingo!</p>	<p>10 L 9:00 In Room Visits L 10:00 Travelogue: Let's Visit Montreal M 10:30 Singing With the Royalty's! MM 1:30 Mindful Moments- Hand Massages S 2:30 Happy Hour!</p>	<p>11 V 9:00 In-Room Visits V 10:30 Cornhole Tournament! MM 1:30 Mindful Moments: Sports A 2:00 Creating a Journal From Blank Cards! K 3:30 Crazy Eights in the Dining Room!</p>
<p>12 Daylight Saving Begins A 9:00 Sunday Fun Cart Visits S 11:30 Sunday Brunch! MM 1:30 Mindful Moments: Cooking M 2:30 Hymn Sing I 3:00 Service from Carpenters Christian Church</p>	<p>13 K 9:00 Activity Cart Visits K 10:30 Team Trivia Competition! MM 1:30 Mindful Moments: Baby Care CC 2:00 Volunteer Bingo! V 3:30 Ten Minute Chair Ballet!</p>	<p>14 O 9:00 In-Room Visits O 10:00 Party Bus! S 12:00 Taste of Town: Burke's Bakery S 1:15 Calendar Planning Meeting MM 1:30 Mindful Moments: Bubbles</p>	<p>15 I 9:00 Snack-Tivity Cart Visits I 11:00 Bible Study with the Carpenter's Christian Church! MM 1:30 Mindful Moments: Laughing Babies O 1:30 Outing to the Kentucky Historical Society!</p>	<p>16 V 9:00 In-Room Visits V 10:30 Balloon Volleyball! MM 1:30 Mindful Moments: Gardening S 2:00 Chef's Circle GG 2:30 Bingo! M 6:00 Cards & Music!</p>	<p>17 St. Patrick's Day L 9:00 In Room Visits L 10:00 Travelogue: Let's Visit Toronto! M 10:30 Singing With the Royalty's! MM 1:30 Mindful Moments- Hand Massages S 2:30 St. Patrick's Day Happy</p>	<p>18 V 9:00 In-Room Visits V 10:30 Willows Bowling! MM 1:30 Mindful Moments: Sports A 2:00 Creating a Journal From Blank Cards! K 3:30 Crazy Eights in the Dining Room!</p>
<p>19 A 9:00 Sunday Fun Cart Visits V 10:30 Team Cornhole! MM 1:30 Mindful Moments: Cooking I 2:00 Church Service from Bluegrass Pike Church! M 2:30 Hymn Sing V 3:30 Spring Yoga in the</p>	<p>20 Spring Begins V 9:00 Activity Cart Visits V 10:30 Bodies & Blessings with Frances Caton! MM 1:30 Mindful Moments: Baby Care CC 2:00 Volunteer Bingo! V 3:30 Ten Minute Chair Ballet!</p>	<p>21 O 9:00 In-Room Visits O 10:00 Party Bus! MM 1:30 Mindful Moments: Bubbles A 2:00 Spring Painting on Canvas V 6:00 Pokenocize!</p>	<p>22 I 9:00 Snack-Tivity Cart Visits I 11:00 Bible Study with the Carpenter's Christian Church! MM 1:30 Mindful Moments: Laughing Babies M 2:00 An afternoon of Music from Steve Frazee!</p>	<p>23 Ramadan Begins O 9:00 In-Room Visits O 10:30 Shopping Trip: Dollar Tree MM 1:30 Mindful Moments: Gardening S 2:00 Chef's Circle GG 2:30 Bingo! K 6:00 Pass the Trash!</p>	<p>24 L 9:00 In Room Visits L 10:00 Travelogue: Let's Visit New Guinea! M 10:30 Singing With the Royalty's! MM 1:30 Mindful Moments- Hand Massages S 2:30 Happy Hour!</p>	<p>25 I 9:00 In-Room Visits IG 10:30 Just the Guys: Donuts & Discourse MM 1:30 Mindful Moments: Sports A 2:00 Creating a Journal From Blank Cards! K 3:30 Crazy Eights in the</p>
<p>26 A 9:00 Sunday Fun Cart Visits K 10:30 Harrodsburgopoly! MM 1:30 Mindful Moments: Cooking M 2:30 Hymn Sing I 3:00 Service From Harrodsburg Community Church</p>	<p>27 M 9:00 Activity Cart Visits M 10:30 Sing Along with the Life Enrichment Team! MM 1:30 Mindful Moments: Baby Care CC 2:00 Volunteer Bingo! V 3:30 Ten Minute Chair Ballet!</p>	<p>28 O 9:00 In-Room Visits S 10:00 Party Bus! S 1:15 Resident Council-HC MM 1:30 Mindful Moments: Bubbles A 2:00 Crafting Beaded Suncatchers! K 6:00 Uno!</p>	<p>29 I 9:00 Snack-Tivity Cart Visits I 11:00 Bible Study with the Carpenter's Christian Church! O 11:40 Picnic in the Park! MM 1:30 Mindful Moments: Laughing Babies K 3:30 Remembering Famous</p>	<p>30 V 9:00 In-Room Visits V 10:30 Balloon Volleyball! MM 1:30 Mindful Moments: Gardening S 2:00 Chef's Circle GG 2:30 Bingo! V 6:00 Yahtzee & Yoga!</p>	<p>31 L 9:00 In Room Visits L 10:00 Travelogue: Let's Visit Queensland! M 10:30 Singing With the Royalty's! MM 1:30 Mindful Moments- Hand Massages S 2:30 Happy Hour!</p>	<p>Like us on Facebook at The Willows at Harrodsburg Follow us on Twitter @W_Harrodsburg</p>



MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Snack-Tivity Cart Visits 11:00 Bible Study with the Carpenter's Christian Church! 11:40 The Lunch Bunch: Cracker Barrel 3:30 Remembering Famous Kentuckians!	2 9:00 In-Room Visits 11:00 Music at the Sock Hop! 12:00 1950's Sock Hop Themed Lunch! 2:00 Bingo! 3:00 Harrodsburg Glee Club!	3 9:00 In Room Visits 10:00 Travelogue: Let's Visit Ottawa 10:30 Singing With the Royalty's! 2:30 50's Sock Hop Happy Hour! 4:00 Weekend Journaling	4 9:00 In-Room Visits 10:30 Just the Guys: 50s Cars and Treats! 2:00 Creating a Journal From Blank Cards! 3:30 Crazy Eights in the Dining Room!
5 9:00 Sunday Fun Cart Visits 10:30 Church Service from the Salvisa Baptist Youth! 2:30 Hymn Sing 3:30 Spring Yoga in the Dining Room!	6 9:00 Activity Cart Visits 10:30 Music with Judy Leathers! 2:00 Volunteer Bingo! 3:30 Ten Minute Chair Ballet!	7 9:00 In-Room Visits 10:00 Morning Movement! 10:30 Music & More with Nela Monroe! 2:00 Crafting Tissue Paper Flowers! 6:00 Left, Right, Center	8 9:00 Snack-Tivity Cart Visits 11:00 Bible Study with the Carpenter's Christian Church! 2:00 Shopping Trip: Walmart 3:30 Remembering Famous Kentuckians!	9 9:00 In-Room Visits 10:00 Party Bus! 11:00 Warmup for the Weekend! 2:00 Chef's Circle 2:30 Bingo! 4:00 Game Show Family Night!	10 9:00 In Room Visits 10:00 Travelogue: Let's Visit Montreal 10:30 Singing With the Royalty's! 2:30 Happy Hour! 4:00 Weekend Journaling	11 9:00 In-Room Visits 10:30 Cornhole Tournament! 2:00 Creating a Journal From Blank Cards! 3:30 Crazy Eights in the Dining Room!
12 Daylight Saving Begins 9:00 Sunday Fun Cart Visits 11:30 Sunday Brunch! 2:30 Hymn Sing 3:00 Service from Carpenters Christian Church 3:30 Spring Yoga in the Dining Room!	13 9:00 Activity Cart Visits 10:30 Team Trivia Competition! 2:00 Volunteer Bingo! 3:30 Ten Minute Chair Ballet!	14 9:00 In-Room Visits 10:00 Party Bus! 12:00 Taste of Town: Burke's Bakery 1:15 Calendar Planning Meeting 2:00 Sponge Painting! 6:00 Jengacize!	15 9:00 Snack-Tivity Cart Visits 11:00 Bible Study with the Carpenter's Christian Church! 1:30 Outing to the Kentucky Historical Society! 3:30 Remembering Famous Kentuckians!	16 9:00 In-Room Visits 10:30 Balloon Volleyball! 2:00 Chef's Circle 2:30 Bingo! 6:00 Cards & Music!	17 St. Patrick's Day 9:00 In Room Visits 10:00 Travelogue: Let's Visit Toronto! 10:30 Singing With the Royalty's! 2:30 St. Patrick's Day Happy Hour! 4:00 Weekend Journaling	18 9:00 In-Room Visits 10:30 Willows Bowling! 2:00 Creating a Journal From Blank Cards! 3:30 Crazy Eights in the Dining Room!
19 9:00 Sunday Fun Cart Visits 10:30 Team Cornhole! 2:00 Church Service from Bluegrass Pike Church! 2:30 Hymn Sing 3:30 Spring Yoga in the Dining Room!	20 Spring Begins 9:00 Activity Cart Visits 10:30 Bodies & Blessings with Frances Caton! 2:00 Volunteer Bingo! 3:30 Ten Minute Chair Ballet!	21 9:00 In-Room Visits 10:00 Party Bus! 2:00 Spring Painting on Canvas 6:00 Pokenocize!	22 9:00 Snack-Tivity Cart Visits 11:00 Bible Study with the Carpenter's Christian Church! 2:00 An afternoon of Music from Steve Frazee! 3:30 Remembering Famous Kentuckians!	23 Ramadan Begins 9:00 In-Room Visits 10:30 Shopping Trip: Dollar Tree 2:00 Chef's Circle 2:30 Bingo! 6:00 Pass the Trash!	24 9:00 In Room Visits 10:00 Travelogue: Let's Visit New Guinea! 10:30 Singing With the Royalty's! 2:30 Happy Hour! 4:00 Weekend Journaling	25 9:00 In-Room Visits 10:30 Just the Guys: Donuts & Discourse 2:00 Creating a Journal From Blank Cards! 3:30 Crazy Eights in the Dining Room!
26 9:00 Sunday Fun Cart Visits 10:30 Harrodsburgopoly! 2:30 Hymn Sing 3:00 Service From Harrodsburg Community Church 3:30 Spring Yoga in the Dining Room!	27 9:00 Activity Cart Visits 10:30 Sing Along with the Life Enrichment Team! 2:00 Volunteer Bingo! 3:30 Ten Minute Chair Ballet!	28 9:00 In-Room Visits 10:00 Party Bus! 2:00 Crafting Beaded Suncatchers! 6:00 Uno!	29 9:00 Snack-Tivity Cart Visits 11:00 Bible Study with the Carpenter's Christian Church! 11:40 Picnic in the Park! 2:00 Resident Council- PC 3:30 Remembering Famous Kentuckians!	30 9:00 In-Room Visits 10:30 Balloon Volleyball! 2:00 Chef's Circle 2:30 Bingo! 6:00 Yahtzee & Yoga!	31 9:00 In Room Visits 10:00 Travelogue: Let's Visit Queensland! 10:30 Singing With the Royalty's! 2:30 Happy Hour! 4:00 Weekend Journaling	