April 2024

The Willows at Harrodsburg
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RTR- Room to Room **PDR- PC Dining Room** **HDR- Health Center Dining Room** **AR- Activities Room** **O- Outing** **HP- Health Center Patio** **PP- PC patio**	1 **9:00am** Activity Cart Visits (RTR) **10:30am** Willows Garden Planning Committee! (AR) **2:00pm** Bingo (HDR) **3:30pm** Seated Chair Yoga! (HDR)	2 **10:00am** Music & More From Hopewell Church! (PDR) **11:00am** Coffee & Conversation Ball! (AR) **2:00pm** Spring Is Here Art Project: Day 1 (AR) **6:00pm** Special Prize Bingo! (AR)	3 **9:00am** Snacktivity Cart Visits (RTR) **11:00am** Bible Study with the Carpenter`s Christian Church (AR) **2:00pm** Shopping Trip: Walmart (O) **3:30pm** American History Class! (AR)	4 **10:00am** Party Bus! (O) **11:00am** Mad Libs in the Activities Room! (AR) **1:00pm** Chef`s Circle! (PDR) **2:00pm** Bingo! (PDR) **6:00pm** Yahtzee & Yoga! (AR)	5 **10:00am** Travelogue: Let`s Visit Puerto Rico! (AR) **10:30am** Singing with the Royalty`s (PDR) **2:30pm** Happy Hour! (PDR) **4:00pm** Weekend Journaling (AR)	6 **10:00am** Just the Guys: Coffee & Current News (AR) **11:00am** Volunteer Led Tai Chi Class! (PDR) **2:00pm** Saturday Garden Art! (AR) **3:30pm** Crazy Eights! (AR)
7 **9:00am** Sunday Fun Cart Visits (RTR) **10:30am** Church Service From Salvisa Baptist Church! **2:30pm** Hymn Sing! **3:30pm** Afternoon Movement! (PDR)	8 **9:00am** Activity Cart Visits (RTR) **10:30am** Balloon Volleyball! (AR) **2:00pm** Bingo (HDR) **3:30pm** Seated Chair Yoga! (HDR)	9 **10:00am** Party Bus! (O) **11:00am** Wheel of Fortune! (AR) **2:00pm** Spring Is Here Art Project: Day 2 (AR) **6:00pm** Board Games & Balance! (AR)	10 **9:00am** Snacktivity Cart Visits (RTR) **11:00am** Bible Study with the Carpenter`s Christian Church (AR) **2:00pm** Picnic In the Park! **3:30pm** American History Class! (AR)	11 **10:00am** Tending the Willows Garden! (HP) **1:00pm** Chef`s Circle! (PDR) **2:00pm** Bingo! (PDR) **3:00pm** Glee Club Performance! (PDR) **6:00pm** Battle Bags! (PDR)	12 **10:00am** Travelogue: Let`s Visit New Guinea! (AR) **10:30am** Singing with the Royalty`s (PDR) **2:30pm** Happy Hour! (PDR) **4:00pm** Weekend Journaling (AR)	13 **10:00am** Puzzles by the Fireplace! (PDR) **11:00am** Volunteer Led Tai Chi Class! (PDR) **2:00pm** Saturday Garden Art! (AR) **3:30pm** Crazy Eights! (AR)

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14 9:00am Sunday Fun Cart Visits (RTR) 10:30am Book Club in the Activities Room! (AR) 11:30am Sunday Brunch (HDR) 2:30pm Hymn Sing! 3:00pm Service From the Carpenter`s Christian Church! (PDR) 3:30pm Afternoon Movement! (PDR)	**15** 9:00am Activity Cart Visits (RTR) 10:30am Team General Trivia Competition! (AR) 2:00pm Bingo (HDR) 3:30pm Seated Chair Yoga! (HDR)	**16** 10:00am Music & More with Hopewell Church! (PDR) 11:00am Movement & Music! (AR) 2:00pm Spring Is Here Art Project: Day 3 (AR) 6:00pm Cornhole Tournament! (PDR)	**17** 9:00am Snacktivity Cart Visits (RTR) 11:00am Bible Study with the Carpenter`s Christian Church (AR) 2:00pm April 2024 Mystery Outing! (O) 3:30pm American History Class! (AR)	**18** 10:00am Party Bus! (O) 11:00am Words to Laugh & Live By in the Activities Room! (AR) 1:00pm Chef`s Circle! (PDR) 2:00pm Bingo! (PDR) 6:00pm Cards & Cardio! (AR)	**19** 10:00am Travelogue: Let`s Visit Java! (AR) 10:30am Singing with the Royalty`s (PDR) 2:30pm Happy Hour! (PDR) 4:00pm Weekend Journaling (AR)	**20** 10:00am Just the Guys: Donuts & Discussion! (AR) 11:00am Volunteer Led Tai Chi Class! (PDR) 2:00pm Saturday Garden Art! (AR) 3:30pm Crazy Eights! (AR)
21 9:00am Sunday Fun Cart Visits (RTR) 10:30am Spa Morning at The Willows! (AR) 2:00pm Church Service From Bluegrass Pike Church! (PDR) 2:30pm Hymn Sing! 3:30pm Afternoon Movement! (PDR)	**22** 9:00am Activity Cart Visits (RTR) 10:30am Bodies & Blessings with Frances Caton! (HDR) 2:00pm Bingo (HDR) 3:30pm Seated Chair Yoga! (HDR)	**23** 10:00am Party Bus! (O) 11:00am Let`s Play Wordle! (AR) 2:00pm Spring Is Here Art Project: Day 4 (AR) 6:00pm Pokenocize! (AR)	**24** 9:00am Snacktivity Cart Visits (RTR) 11:00am Bible Study with the Carpenter`s Christian Church (AR) 1:15pm Resident Council (PC) (AR) 2:00pm Piano Fun with Steve Frazee! (PDR) 3:30pm American History Class! (AR)	**25** 11:00am The Lunch Bunch: Cracker Barrel 1:00pm Chef`s Circle! (PDR) 2:00pm Bingo! (PDR) 6:00pm Jengacize! (AR)	**26** 10:00am Travelogue: Let`s Visit New Britain! (AR) 10:30am Singing with the Royalty`s (PDR) 2:30pm Happy Hour! (PDR) 4:00pm Weekend Journaling (AR)	**27** 10:00am Outdoor Coffee & Convo! (PP) 11:00am Volunteer Led Tai Chi Class! (PDR) 2:00pm Saturday Garden Art! (AR) 3:30pm Crazy Eights! (AR)
28 9:00am Sunday Fun Cart Visits (RTR) 10:30am Dominoes In the Activities Room! (AR) 2:30pm Hymn Sing! 3:00pm Church Service From Harrodsburg Community Church! (PDR) 3:30pm Afternoon Movement! (PDR)	**29** 9:00am Activity Cart Visits (RTR) 10:30am Nick`s Musical Extravaganza! (HDR) 2:00pm Bingo (HDR) 3:30pm Seated Chair Yoga! (HDR)	**30** 10:00am Party Bus! (O) 11:00am Tending the Willows Garden! (PP) 2:00pm Spring Is Here Art Project: Day 5 (AR) 6:00pm Pass the Trash! (AR)	* All activities are subject to Change Ombudsman- Theresa Long (859) 583-8377			Artisans Circle of Friends Community Connections Creative Cooking Daily Rhythm Expressive Arts Gathering of Friends Generations Group Games Inspirations Just The Guys Keeping it Sharp/Reminisce Lifelong Learning Mindful Moments Music to My Ears Other Out & About Signature Events Vitality

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	1 **9:00am** Activity Cart Visits (RTR) **10:30am** Willows Garden Planning Committee! (AR) **1:30pm** Mindful Moments: Baby Care (SC) **2:00pm** Bingo (HDR) **3:30pm** Seated Chair Yoga! (HDR)	2 **10:00am** Music & More From Hopewell Church! (PDR) **11:00am** Coffee & Conversation Ball! (AR) **1:30pm** Mindful Moments: Bubbles (PDR) **2:00pm** Spring Is Here Art Project: Day 1 (AR) **6:00pm** Special Prize Bingo! (AR)	3 **9:00am** Snacktivity Cart Visits (RTR) **11:00am** Bible Study with the Carpenter`s Christian Church (AR) **1:30pm** Mindful Moments: Laughing Babies (SC) **2:00pm** Shopping Trip: Walmart (O) **3:30pm** American History Class! (AR)	4 **10:00am** Party Bus! (O) **11:00am** Mad Libs in the Activities Room! (AR) **1:00pm** Chef`s Circle! (PDR) **1:30pm** Mindful Moments: Gardening (SC) **2:00pm** Bingo! (PDR) **6:00pm** Yahtzee & Yoga! (AR)	5 **10:00am** Travelogue: Let`s Visit Puerto Rico! (AR) **10:30am** Singing with the Royalty`s (PDR) **1:30pm** Mindful Moments: Hand Massages (SC) **2:30pm** Happy Hour! (PDR) **4:00pm** Weekend Journaling (AR)	6 **10:00am** Just the Guys: Coffee & Current News (AR) **11:00am** Volunteer Led Tai Chi Class! (PDR) **1:30pm** Mindful Moments: Sports (SC) **2:00pm** Saturday Garden Art! (AR) **3:30pm** Crazy Eights! (AR)
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- Community Connections
- Creative Cooking
- Daily Rhythm
- Expressive Arts
- Gathering of Friends
- Generations
- Group Games
- Inspirations
- Just The Guys
- Keeping it Sharp/Reminisce
- Lifelong Learning
- Mindful Moments
- Music to My Ears
- Other
- Out & About
- Signature Events
- Vitality