

**The Legacy at English Station**  
**Daily Rhythms**

# JUNE 2023

sunday	monday	tuesday	wednesday	thursday	friday	saturday
				<b>1</b> V – Golf Club K – Working with Letters CC – German Chocolate Fudge Healthy Hands Relax and Recharge A – Shaving Cream Paint M – Hippy Dance GG – Horse Racing Healthy Hands GF – Name That Croon Nighttime Traditions	<b>2</b> V – Catch and Reminisce K – Spring Babies CC – Cheese Bread Healthy Hands Relax and Recharge A – Kandinsky Collaborative Art M – Toe Tapping GG – Word Works Healthy Hands GF – Meet Me in the Courtyard Nighttime Traditions	<b>3</b> V – Balloon Baseball K – Let’s Spell Summer CC – Veggie Mini Pizzas Healthy Hands Relax and Recharge A – Creating Memory Boards M - Sunshine GG – Parachute Game Healthy Hands GF – Time for Tea Nighttime Traditions
<b>4</b> V - Summertime Walking Club K -Suspenders & Neckties CC – Cinnamon Muffins Healthy Hands Relax and Recharge A – Northern Lights M - GG - Horseshoes Healthy Hands GF – Pling Plong Nighttime Traditions	<b>5</b> V – Dancing in the Rain K – Summer Vacations CC – Tomato Spinach Quiche Healthy Hands Relax and Recharge A – Kindness Rocks M – Making Music GG – State Plate Game Healthy Hands GF – Reminiscing Through Photos Nighttime Traditions	<b>6</b> V – Wildflower Tour K - Penny Ante CC – S’more Puppy Chow Healthy Hands Relax and Recharge A – Pirate Ship M – Music Trivia GG – Games We Played as Kids Healthy Hands GF – Relaxing Puzzle Time Nighttime Traditions	<b>7</b> V – Garden Dancing K – Roll to 20 CC – Cream of Mushroom Soup Healthy Hands Relax and Recharge A – Creative Storytelling M – Music That Made Movies Famous GG – Roll a Garden Game Healthy Hands GF – Old Time Theater Nighttime Traditions	<b>8</b> V – Golf Club K – Working with Letters CC – Chocolate Peanut Butter Bark Healthy Hands Relax and Recharge A – Picture Prompt M – Best Friends GG – Horse Racing Healthy Hands GF – Name That Croon Nighttime Traditions	<b>9</b> V – Catch and Reminisce K – Spring Babies CC – Nutella Muffins Healthy Hands Relax and Recharge A – Watercolor Bookmarks M – Toe Tapping GG – Word Works Healthy Hands GF – Meet Me in the Courtyard Nighttime Traditions	<b>10</b> V – Balloon Baseball K – Let’s Spell Summer CC – Margherita Mini Pizzas Healthy Hands Relax and Recharge A – Creating Memory Boards M - Sunshine GG – Parachute Game Healthy Hands GF – Time for Tea Nighttime Traditions
<b>11</b> V - Summertime Walking Club K -Suspenders & Neckties CC – Chocolate Chip Muffins Healthy Hands Relax and Recharge A – Rain Sticks M - Put on a Show for Dad Karaoke GG - Horseshoes Healthy Hands GF - A Time for Tea - Father's Day Nighttime Traditions	<b>12</b> V – Dancing in the Rain K – Summer Vacations CC – Bacon Cheddar Quiche Healthy Hands Relax and Recharge A – Inspiration Creations – Part 1 M – Making Music GG – State Plate Game Healthy Hands GF – Reminiscing Through Photos Nighttime Traditions	<b>13</b> V – Wildflower Tour K - Penny Ante CC – Brownie Puppy Chow Healthy Hands Relax and Recharge A – Pirates on Canvas M – Music Trivia GG – Games We Played as Kids Healthy Hands GF – Relaxing Puzzle Time Nighttime Traditions	<b>14</b> V – Garden Dancing K – Roll to 20 CC – Broccoli Cheddar Soup Healthy Hands Relax and Recharge A – Ask a Beautiful Question M – Music That Made Movies Famous GG – Roll a Garden Game Healthy Hands GF – Old Time Theater Nighttime Traditions	<b>15</b> V – Golf Club K – Working with Letters CC – Mint Chocolate Oreo Bark Healthy Hands Relax and Recharge A – DIY Kinetic Sand M – Hippy Dance GG – Horse Racing Healthy Hands GF – Name That Croon Nighttime Traditions	<b>16</b> V – Catch and Reminisce K – Spring Babies CC – Buttery Cornbread Healthy Hands Relax and Recharge A – Rainy Day Umbrella M – Toe Tapping GG – Word Works Healthy Hands GF – Meet Me in the Courtyard Nighttime Traditions	<b>17</b> V – Balloon Baseball K – Let’s Spell Summer CC – Hawaiian Mini Pizzas Healthy Hands Relax and Recharge A – Memory Boards Gala M - Sunshine GG – Parachute Game Healthy Hands GF – Time for Tea Nighttime Traditions

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<p><b>18</b></p> <p>V - Summertime Walking Club  K -Suspenders &amp; Neckties  CC – Salted Caramel Cupcakes  Healthy Hands  Relax and Recharge  A – Father’s Day Cards  M - Put on a Show for Dad Karaoke  GG - Horseshoes  Healthy Hands  GF - A Time for Tea - Father's Day  Nighttime Traditions</p>	<p><b>19</b></p> <p>V – Dancing in the Rain  K – Summer Vacations  CC – Mushroom Garlic Pepper Quiche  Healthy Hands  Relax and Recharge  A – Pineapple Pinecones  M – Making Music  GG – State Plate Game  Healthy Hands  GF – Reminiscing Through Photos  Nighttime Traditions</p>	<p><b>20</b></p> <p>V – Wildflower Tour  K - Penny Ante  CC – Funfetti Puppy Chow  Healthy Hands  Relax and Recharge  A – Cactus Painting  M – Music Trivia  GG – Games We Played as Kids  Healthy Hands  GF – Relaxing Puzzle Time  Nighttime Traditions</p>	<p><b>21</b></p> <p>V – Garden Dancing  K – Roll to 20  CC – Baked Potato Soup  Healthy Hands  Relax and Recharge  A – Creative Storytelling  M – Music That Made Movies Famous  GG – Roll a Garden Game  Healthy Hands  GF – Old Time Theater  Nighttime Traditions</p>	<p><b>22</b></p> <p>V – Golf Club  K – Working with Letters  CC – White Chocolate Peppermint Fudge  Healthy Hands  Relax and Recharge  A – Opposites Collage  M – Hippy Dance  GG – Horse Racing  Healthy Hands  GF – Name That Croon  Nighttime Traditions</p>	<p><b>23</b></p> <p>V – Catch and Reminisce  K – Spring Babies  CC – Grandma’s Irish Soda Bread  Healthy Hands  Relax and Recharge  A - Sunrise  M – Toe Tapping  GG – Word Works  Healthy Hands  GF – Meet Me in the Courtyard  Nighttime Traditions</p>	<p><b>24</b></p> <p>V – Balloon Baseball  K – Let’s Spell Summer  CC – Create Your Own Mini Pizzas  Healthy Hands  Relax and Recharge  A – Fashion Throwback  M - Sunshine  GG – Parachute Game  Healthy Hands  GF – Time for Tea  Nighttime Traditions</p>
<p><b>25</b></p> <p>V - Summertime Walking Club  K -Suspenders &amp; Neckties  CC - Fruitcakes  Healthy Hands  Relax and Recharge  A – Rubbings Exploration  M - Put on a Show for Dad Karaoke  GG - Horseshoes  Healthy Hands  GF – Pling Plong  Nighttime Traditions</p>	<p><b>26</b></p> <p>V – Dancing in the Rain  K – Summer Vacations  CC – Ham and Cheese Quiche  Healthy Hands  Relax and Recharge  A – Inspiration Creations – Part 2  M – Making Music  GG – State Plate Game  Healthy Hands  GF – Reminiscing Through Photos  Nighttime Traditions</p>	<p><b>27</b></p> <p>V – Wildflower Tour  K - Penny Ante  CC – Fluffernutter Puppy Chow  Healthy Hands  Relax and Recharge  A – Glue Art  M – Music Trivia  GG – Games We Played as Kids  Healthy Hands  GF – Relaxing Puzzle Time  Nighttime Traditions</p>	<p><b>28</b></p> <p>V – Garden Dancing  K – Roll to 20  CC – Corn Chowder  Healthy Hands  Relax and Recharge  A – Ask a Beautiful Question  M – Music That Made Movies Famous  GG – Roll a Garden Game  Healthy Hands  GF – Old Time Theater  Nighttime Traditions</p>	<p><b>29</b></p> <p>V – Golf Club  K – Working with Letters  CC – Chocolate Pecan Fudge  Healthy Hands  Relax and Recharge  A – Doily Resist Painting  M – Hippy Dance  GG – Horse Racing  Healthy Hands  GF – Name That Croon  Nighttime Traditions</p>	<p><b>30</b></p> <p>V – Catch and Reminisce  K – Spring Babies  CC - Pretzels  Healthy Hands  Relax and Recharge  A – Watercolor Flowers  M – Toe Tapping  GG – Word Works  Healthy Hands  GF – Meet Me in the Courtyard  Nighttime Traditions</p>	