

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 S 9:30 Resident Council & Inspired Living O 10:30 Lunch: Down Town Diner (Please sign up) O 11:30 DIGS DINNER (LUNCH OUTING, SIGN UP WITH ACTIVITIES) K 1:30 Paddock Cinema</p>	<p>2 M 9:30 Manicures and Music K 10:30 Bingo V 1:30 Famous 50's Dance Moves: Jitterbug S 4:00 THEME DINNER; DRESS IN YOUR 50'S BEST, LET THE SOCKHOP BEGIN!</p>	<p>3 K 9:30 Coffee and Current Events V 10:30 Famous 50's Dance Moves: Do The Twist K 1:30 1950's FASHION SHOW K 2:00 HULA HOOP CONTEST S 3:00 Happy Hour (4)50'S SOCK HOP</p>	<p>4 CC 10:00 Cooking Club:Hot Chocolate Dip M 1:00 Music and Manicures K 2:00 Popcorn and Current Events K 3:00 Euchre</p>
<p>5 CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:30 Life Long Learning:</p>	<p>6 K 9:30 Coffee and Current Events A 10:30 Crafters Corner:Shamrock Door Wreaths V 2:00 Sit and Stretch M 3:00 Music and Manicures K 4:00 Color Me Happy</p>	<p>7 V 9:30 Chair Yoga I 10:30 Chef's Circle (4) I 1:30 Devotions(2) K 2:30 Bingo (1) K 4:00 Card Games</p>	<p>8 CC 9:30 Creative Cooking: Donuts A 10:00 Women's Day Bookmarks O 11:30 LUNCH OUT (Please sign up with Activities) O 2:00 Scenic Drive V 3:30 Chair Yoga</p>	<p>9 M 9:30 Manicures and Music K 10:30 Bingo V 1:30 Sit and Stretch A 2:30 Crafters Corner: Flower Club K 4:00 Color me Happy</p>	<p>10 K 9:30 Coffee and Current Events V 10:30 We got the Beat! Drum circle K 1:30 March IQ K 2:00 Shooting Gallery-AL S 3:00 Happy Hour (4)</p>	<p>11 CC 10:00 Cooking Club:Shamrock Gummies M 1:00 Music and Manicures K 2:00 Popcorn and Trivia (Its Not Easy Being Green) K 3:00 Euchre</p>
<p>12 Daylight Saving Begins CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:30 Life Long Learning:</p>	<p>13 K 9:30 Coffee and Current Events A 10:30 Crafters Corner:Butterfly Button Art 11:30 MEN'S LUNCH OUT WITH BERTO AND JOE(Invitation only)</p>	<p>14 V 9:30 Chair Yoga I 10:30 Chef's Circle (4) I 1:30 Devotions(2) K 2:30 Bingo (1) K 4:00 Card Games</p>	<p>15 CC 9:30 Creative Cooking: Shamrock Mix O 10:00 Shopping: Dollar Tree (please sign up) O 2:00 Scenic Drive V 3:30 Chair Yoga K 4:00 Card Games</p>	<p>16 M 9:30 Manicures and Music K 10:30 Bingo V 1:30 Sit and Stretch A 2:30 Crafters Corner: Canvas Painting K 4:00 Color me Happy</p>	<p>17 St. Patrick's Day K 9:30 Coffee and Current Events V 10:30 We got the Beat! Drum circle K 1:30 Trivia: Truth or Blarney K 2:00 Shooting Gallery-AL S 3:00 Happy Hour (4) Happy ST.Patrick's Day</p>	<p>18 CC 10:00 Cooking Club:Rice Krispy Treats M 1:00 Music and Manicures K 2:00 Popcorn and Word Mining K 3:00 Euchre</p>
<p>19 CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:30 Life Long Learning:</p>	<p>20 Spring Begins K 9:30 Coffee and Current Events A 10:30 Crafters Corner:Bubble Collage V 2:00 Sit and Stretch M 3:00 Music and Manicures K 4:00 Color Me Happy</p>	<p>21 V 9:30 Chair Yoga I 10:30 Chef's Circle (4) I 1:30 Devotions(2) K 2:30 Bingo (1) K 4:00 Card Games</p>	<p>22 CC 9:30 Creative Cooking: Donuts O 10:00 Shopping: GOODWILL (PLEASE SIGN UP) O 2:00 Scenic Drive V 3:30 Chair Yoga K 4:00 Card Games</p>	<p>23 Ramadan Begins M 9:30 Manicures and Music K 10:30 Bingo V 1:30 Sit and Stretch A 2:30 Crafters Corner: K 4:00 Color me Happy</p>	<p>24 K 9:30 Coffee and Current Events V 10:30 We got the Beat! Drum circle K 1:30 Trivia: K 2:00 Shooting Gallery-AL S 3:00 Happy Hour (4)</p>	<p>25 CC 10:00 Cooking Club:Lucky Brownies M 1:00 Music and Manicures K 2:00 Popcorn and Current Events K 3:00 Euchre</p>
<p>26 CC 10:00 Community Connections: Dog Biscuits for AWL I 11:00 Devotions MM 1:30 Board Games L 2:30 Life Long Learning:</p>	<p>27 K 9:30 Coffee and Current Events A 10:30 Crafters Corner: V 2:00 Sit and Stretch M 3:00 Music and Manicures K 4:00 Color Me Happy</p>	<p>28 V 9:30 Chair Yoga I 10:30 Chef's Circle (4) I 1:30 Devotions(2) K 2:30 Bingo (1) K 4:00 Card Games</p>	<p>29 CC 9:30 Creative Cooking: Donuts O 2:00 Scenic Drive V 3:30 Chair Yoga K 4:00 Card Games</p>	<p>30 M 9:30 Manicures and Music K 10:30 Bingo Store for ASSISTED LIVING (ONLY) V 1:30 Sit and Stretch A 2:30 Crafters Corner: Peeps Centerpiece K 4:00 Color me Happy</p>	<p>31 K 9:30 Coffee and Current Events V 10:30 We got the Beat! Drum circle K 1:30 Junk Drawer Detective K 2:00 Shooting Gallery-AL S 3:00 Happy Hour (4)</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CC - Community Connections I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About</p>	<p>S - Signature Events V - Vitality</p>	<p>Activities are Subject to Change 1-Health Center Activity Room 2-Assisted Living Activity Room 3-Assisted Living Fireplace 4-Health Center Dining Room 5-Assisted Living Dining Room 6-Private Dining Room 7- Seattle Slew Parlor H-Hallway/In-Room</p>	<p>1 MM 9:00 Sensations O 10:30 Lunch: Down Town Diner (Please sign up) V 1:30 hula hoop challenge M 2:30 Chef Circle-(1) I 3:30 Bible Study</p>	<p>2 MM 9:00 Sensations K 10:45 Bingo V 3:30 Bowling S 4:30 50s Sock hop T heme</p>	<p>3 MM 9:00 Sensations M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour (4)50'S SOCK HOP w/QUENTIN FLAGG</p>	<p>4 K 10:00 Popcorn and Current Events (Parlor) K 1:00 Board Games/Card MM 2:00 Music and Manicures K 3:00 Color me Happy</p>
<p>5 CC 10:00 Community Connections: Dog Biscuits for AWL I 10:30 Devotions MM 1:30 Board Games L 2:00 Life Long Learning:</p>	<p>6 MM 9:30 Sensations M 11:00 Name that Tune (DINNING ROOM) V 1:30 Golf O 2:00 Scenic Drive (Please sign up) 2:30 Crafts Corner- Spanish style Center Piece</p>	<p>7 MM 9:00 Sensations K 11:00 Meal Time Trivia (DINNING ROOM) M 1:30 Music & Memories K 2:30 Bingo (1) V 3:30 Sit and Stretch K 6:00 Card Games</p>	<p>8 MM 9:00 Sensations O 10:30 Shopping (Please use sign up binder placed at Healthcare Entrance desk) 10:30 Chef Circle-(1) V 1:30 Chair Yoga M 2:30 Manicure and Music</p>	<p>9 MM 9:00 Sensations K 10:45 Bingo A 2:30 Crafters Corner: Flower Club V 3:30 Bowling K 6:00 Card Games</p>	<p>10 MM 9:00 Sensations M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour (4)</p>	<p>11 K 10:00 Popcorn and Current Events (Parlor) K 1:00 Board Games/Card MM 2:00 Music and Manicures K 3:00 Color me Happy</p>
<p>12 Daylight Saving Begins CC 10:00 Community Connections: Dog Biscuits for AWL I 10:30 Devotions MM 1:30 Board Games L 2:00 Life Long Learning:</p>	<p>13 MM 9:30 Sensations M 11:00 Name that Tune (DINNING ROOM) V 1:30 Golf O 2:00 Scenic Drive (Please sign up) A 2:30 Craft corner (St Patrick's day Wreath)</p>	<p>14 MM 9:00 Sensations K 11:00 Meal Time Trivia (DINNING ROOM) M 1:30 Music & Memories K 2:30 Bingo (1) V 3:30 Sit and Stretch K 6:00 Card Games</p>	<p>15 MM 9:00 Sensations O 10:00 Shopping:Dollar Tree 10:30 Chef Circle-(1) V 1:30 Chair Yoga M 2:30 Manicure and Music I 3:30 Bible Study</p>	<p>16 MM 9:00 Sensations K 10:45 Bingo A 2:30 Crafters Corner: Canvas Painting V 3:30 Bowling K 6:00 Card Games</p>	<p>17 St. Patrick's Day MM 9:00 Sensations M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour (4) Happy ST.Patrick's Day</p>	<p>18 K 10:00 Popcorn and Current Events (Parlor) K 1:00 Board Games/Card MM 2:00 Music and Manicures K 3:00 Color me Happy</p>
<p>19 CC 10:00 Community Connections: Dog Biscuits for AWL I 10:30 Devotions S 11:30 Sunday Brunch MM 1:30 Board Games L 2:00 Life Long Learning:</p>	<p>20 Spring Begins MM 9:30 Sensations M 11:00 Name that Tune (DINNING ROOM) V 1:30 Golf O 2:00 Scenic Drive (Please sign up) 2:30 Craft Corner: K 4:00 Color Me Happy</p>	<p>21 MM 9:00 Sensations K 11:00 Meal Time Trivia (DINNING ROOM) M 1:30 Music & Memories K 2:30 Bingo (1) V 3:30 Sit and Stretch K 6:00 Card Games</p>	<p>22 MM 9:00 Sensations O 10:00 Shopping:GABES (Please sign up with Activities) 10:30 Chef Circle-(1) V 1:30 Chair Yoga M 2:30 Manicure and Music I 3:30 Bible Study</p>	<p>23 Ramadan Begins MM 9:00 Sensations K 10:45 Bingo A 2:30 Crafters Corner: V 3:30 Bowling K 6:00 Card Games</p>	<p>24 MM 9:00 Sensations 10:00 BINGO BUCKS STORE (10-11:30) M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour (4)</p>	<p>25 K 10:00 Popcorn and Current Events (Parlor) K 1:00 Board Games/Card MM 2:00 Music and Manicures K 3:00 Color me Happy</p>
<p>26 CC 10:00 Community Connections: Dog Biscuits for AWL I 10:30 Devotions MM 1:30 Board Games L 2:00 Life Long Learning:</p>	<p>27 MM 9:30 Sensations M 11:00 Name that Tune (DINNING ROOM) V 1:30 Golf O 2:00 Scenic Drive (Please sign up) A 2:30 Craft corner: K 4:00 Color Me Happy</p>	<p>28 MM 9:00 Sensations K 11:00 Meal Time Trivia (DINNING ROOM) M 1:30 Music & Memories K 2:30 Bingo (1) V 3:30 Sit and Stretch K 6:00 Card Games</p>	<p>29 MM 9:00 Sensations 10:30 Chef Circle-(1) V 1:30 Chair Yoga M 2:30 Manicure and Music I 3:30 Bible Study</p>	<p>30 MM 9:00 Sensations K 10:45 Bingo A 2:30 Crafters Corner: Peeps Centerpiece V 3:30 Bowling K 6:00 Card Games</p>	<p>31 MM 9:00 Sensations M 11:00 Music and Memories (Dinning Room) V 1:30 Exercise: Residents Choice S 3:00 Happy Hour (4)</p>	

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Birthdays 2/29 - Jennica K 3/1 - Steven M 3/4 - Pamela B 3/6 - Paul S 3/9 - Jo A 3/10 - Catherine R 3/12 - Clell R 3/13 - Karen P 3/14 - Sylvia K 3/15 - Alice A</p>	<p>Birthdays 3/18 - Lisa H 3/20 - Mariah O 3/20 - Vera Z 3/21 - Elizabeth S 3/22 - Morgan W 3/23 - Janet I 3/24 - Daniel L 3/25 - Ashlynn P 3/26 - Jessica M 3/28 - Leslie E</p>	<p>Birthdays 3/30 - Joy M 3/31 - Humberto N</p>	<p>1 V Shamrock Shake K Let's Spell Winter AM Refresher CC German Chocolate Fudge Healthy Hands Relax & Recharge PM Refresher A Creative Storytelling - Lake Adventures M Making Music</p>	<p>2 V Jailhouse Rock Chair Yoga K Memory Box AM Refresher Hymns & Devotions with Hospice CC Sock Hop Mini Cheese Burgers Healthy Hands Relax & Recharge PM Refresher A Vegetable Printing</p>	<p>3 V Bowling K Letter to Besties AM Refresher CC Veggie Mini Pizzas Healthy Hands Relax & Recharge PM Refresher A Rainy Day Painting M March Happy Hour</p>	<p>4 V Stop and Smell the Roses & Handout K Winter Memories AM Refresher CC Cinnamon Muffins or cookie/muffin mix Healthy Hands Relax & Recharge PM Refresher A Art & Fables</p>
<p>5 V Sunday Stretch K Devotion Sunday AM Refresher CC Tomato Spinach Quiche or cookie/muffin mix Healthy Hands Relax & Recharge PM Refresher A Mason Jar Lid Magnet</p>	<p>6 V Spring in Your Step K Guess the Animal Scenic Bus Ride AM Refresher CC S'more Puppy Chow Healthy Hands Relax & Recharge PM Refresher A Watercolor Creations</p>	<p>7 V Let's Take a Trip K 1950's Music Match AM Refresher CC Cream of Mushroom Soup Healthy Hands Relax & Recharge PM Refresher A Aromatic Difuser Necklaces - Day 1 M Dance Your Own Way</p>	<p>8 V Shamrock Shake K Let's Spell Winter K Lets Spell Winter AM Refresher CC Chocolate Peanut Butter Bark Healthy Hands Relax & Recharge PM Refresher A Have a Gentle Conversation</p>	<p>9 V Jailhouse Rock Yoga K Memory Box AM Refresher Hymns & Devotions with Hospice CC Nutella Muffins Healthy Hands Relax & Recharge PM Refresher A Fabric Collage</p>	<p>10 V Bowling K Letter to Besties AM Refresher CC Margherita Mini Pizzas Healthy Hands Relax & Recharge PM Refresher A Painting with Tissue Paper M March Happy Hour</p>	<p>11 V Stop and Smell the Roses & Handout K Winter Memories AM Refresher CC Chocolate Chip Muffins or cookie/muffin mix Healthy Hands Relax & Recharge PM Refresher A Art & Albums</p>
<p>12 Daylight Saving Begins V Sunday Stretch K Devotion Sunday AM Refresher CC Bacon Cheddar Quiche or cookie/muffin mix Healthy Hands Relax & Recharge PM Refresher A Wood Photo Keepsake</p>	<p>13 V Spring in Your Step K Guess the Animal Scenic Bus Ride AM Refresher CC Brownie Puppy Chow Healthy Hands Relax & Recharge PM Refresher A Watercolor Weaving - Day 1</p>	<p>14 V Let's Take a Trip K 1950's Music Match AM Refresher CC Broccoli Cheddar Soup Healthy Hands Relax & Recharge PM Refresher A Aromatic Difuser Necklaces - Day 2 M Dance Your Own Way</p>	<p>15 V Shamrock Shake K Lets Spell Winter AM Refresher CC Mint Chocolate Oreo Bark Healthy Hands Relax & Recharge PM Refresher A Creative Storytelling - St. Patrick's Day M Making Music</p>	<p>16 V Jailhouse Rock Yoga K Memory Box AM Refresher Hymns & Devotions with Hospice CC Buttery Cornbread Healthy Hands Relax & Recharge PM Refresher A Canvas Collage</p>	<p>17 St. Patrick's Day V Bowling K The Gold Game AM Refresher CC Irish Potato Pancakes Healthy Hands Relax & Recharge PM Refresher A St. Patrick's Day Collage M March Happy Hour</p>	<p>18 V Stop and Smell the Roses & Handout K Winter Memories AM Refresher CC Salted Caramel Cupcakes or cookie/muffin mix Healthy Hands Relax & Recharge PM Refresher A Art & Proverbs</p>
<p>19 V Sunday Stretch K Devotion Sunday AM Refresher CC Mushroom Garlic Pepper Quiche or cookie/muffin mix Healthy Hands Relax & Recharge PM Refresher A Photo Glitter Globe</p>	<p>20 Spring Begins V Spring in Your Step K Guess the Animal Scenic Bus Ride AM Refresher CC Funfetti Puppy Chow Healthy Hands Relax & Recharge PM Refresher A Watercolor Weaving - Day 2</p>	<p>21 V Let's Take a Trip K 1950's Music Match AM Refresher CC Baked Potato Soup Healthy Hands Relax & Recharge PM Refresher A Clay Pinch Pots - Day 1 M Dance Your Own Way</p>	<p>22 V Shamrock Shake K Lets Spell Winter AM Refresher CC White Chocolate Peppermint Fudge Healthy Hands Relax & Recharge PM Refresher A Ask a Beautiful Question M Making Music</p>	<p>23 Ramadan Begins V Jailhouse Rock Yoga K Memory Box AM Refresher Hymns & Devotions with Hospice CC Grandma's Irish Soda Bread Healthy Hands Relax & Recharge PM Refresher A Label Collage</p>	<p>24 V Bowling K Letter to Besties AM Refresher CC Create Your Own Mini Pizzas Healthy Hands Relax & Recharge PM Refresher A Paint Pouring Spring Colors M March Happy Hour</p>	<p>25 V Stop and Smell the Roses & Handout K Winter Memories AM Refresher CC Fruitcake or cookie/muffin mix Healthy Hands Relax & Recharge PM Refresher A Art Appreciations - Vermeer</p>
<p>26 V Sunday Stretch K Devotion Sunday AM Refresher CC Ham and Cheese Quiche or cookie/muffin mix Healthy Hands Relax & Recharge PM Refresher A Thumbprint Keychain</p>	<p>27 V Spring in Your Step K Guess the Animal Scenic Bus Ride AM Refresher CC Fluttermutter Puppy Chow Healthy Hands Relax & Recharge PM Refresher A Glue Art</p>	<p>28 V Let's Take a Trip K 1950's Music Match AM Refresher CC Corn Chowder Healthy Hands Relax & Recharge PM Refresher A Clay Pinch Pots - Day 2 M Dance Your Own Way</p>	<p>29 V Shamrock Shake K Lets Spell Winter AM Refresher CC Chocolate Pecan Fudge Healthy Hands Relax & Recharge PM Refresher A Artfully Aging Watercolor M Making Music</p>	<p>30 V Jailhouse Rock Yoga K Memory Box AM Refresher Hymns & Devotions with Hospice CC Pretzels Healthy Hands Relax & Recharge PM Refresher A Artfully Aging Watercolor</p>	<p>31 V Bowling K Letter to Besties AM Refresher CC Pepperoni Mini Pizzas Healthy Hands Relax & Recharge PM Refresher A Green Collage M March Happy Hour</p>	