

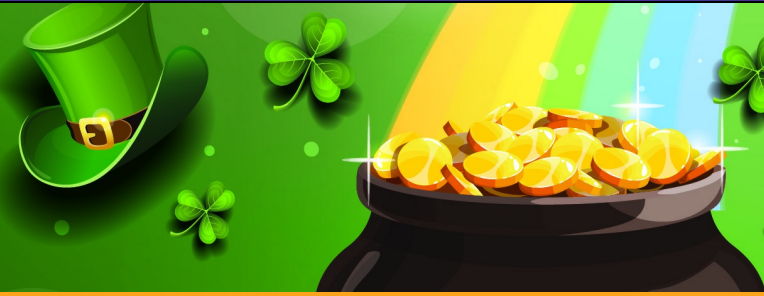
# MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Pet Visits w/ Winston GG 10:00 Bingo (Dining Room) GF 11:00 Current Event Catch-Up! O 1:30 Mystery Drive A 2:15 Nails & Hand Massages M 3:00 Way Back Wednesday	2 <b>Theme Dinner!</b> 1950's Sock Hop V 10:00 Exercise - Full Body Workout! GF 11:15 Throwback Thursday CC 1:30 Classic Tuna Casserole (MDR) S 2:00 Chef's Circle (MDR)	3 V 10:00 Exercise- Full Body Workout! L 11:15 Fun Fact Friday GG 1:30 Yahtzee (MDR) S 3:00 CSS Family Night Sock Hop!	4 V 10:00 Exercise- Full Body Workout! GF 11:15 Coffee & Convo's K 1:30 Dr. Seuss Trivia GG 2:00 Bingo (AL Dining Room)
5 M 10:15 Music to My Ears (MDR) MM 11:15 Soulful Sunday K 2:00 Yahtzee (MDR) I 2:40 Devotions/Bible Study	6 Pet Visits w/Peanut V 10:00 Exercise- Full Body Workout! GF 11:15 Coffee & Current Events O 1:00 Shopping Trip: Walmart K 2:00 Bingo (Dining Room) I 5:15 Bible Study (PDR)	7 V 10:00 Chair Yoga K 11:15 Trivia Tuesday A 2:00 Community Connections (AL Dining Room) I 3:00 Church with Roger Smith (HC Activity Room)	8 Pet Visits w/ Winston K 10:00 Bingo (Dining Room) GF 11:00 Current Event Catch-Up! O 1:30 Mystery Drive A 2:15 Nails & Hand Massages M 3:00 Way Back Wednesday	9 V 10:00 Exercise - Full Body Workout! GF 11:15 Throwback Thursday CC 1:30 Fast & Friendly Meatballs (MDR) S 2:00 Chef's Circle (MDR) GF 5:35 Movie Night (B)	10 V 10:00 Exercise- Full Body Workout! IG 11:00 Men's Club - Out to Lunch! L 11:15 Fun Fact Friday K 1:30 Penny Pitch! (AL Dining Room) S 3:00 Margaritaville Happy	11 V 10:00 Exercise- Full Body Workout! GF 11:15 Coffee & Convo's K 1:30 Barbie Trivia - Barbie's 64th Birthday GG 2:00 Bingo (HC Dining Room)
12 <b>Daylight Saving Begins</b> M 10:15 Music to My Ears (MDR) MM 11:15 Soulful Sunday S 11:30 Sunday Brunch K 2:00 Yahtzee (MDR) I 2:40 Devotions/Bible Study	13 Pet Visits w/Peanut V 10:00 Exercise- Full Body Workout! GF 11:15 Coffee & Current Events O 1:00 Shopping Trip: Kohls (Kokomo) K 2:00 Bingo (Dining Room)	14 V 10:00 Chair Yoga 10:30 Bingo Store K 11:15 Trivia Tuesday A 1:30 Pot O' Gold Craft (AL Dining Room) I 3:00 Church with Roger Smith (HC Activity Room)	15 GG 10:00 Bingo (Dining Room) GF 11:00 Current Event Catch-Up! 12:30 A Visit From Wrangler S 1:00 Resident Council O 1:30 Mystery Drive A 2:15 Nails & Hand Massages	16 V 10:00 Exercise - Full Body Workout! GF 11:15 Throwback Thursday CC 1:30 Real Welsh Rarebit (MDR) S 2:00 Chef's Circle (MDR) GG 5:25 Card Club (AL PDR)	17 <b>St. Patrick's Day</b> V 10:00 Exercise- Full Body Workout! L 11:15 Fun Fact Friday 1:30 Inspired Living Meeting (AL Dining Room) S 3:00 St. Patty's Day Happy Hour	18 V 10:00 Exercise- Full Body Workout! GF 11:15 Coffee & Convo's K 1:30 St. Patrick's Day Trivia GG 2:00 Bingo (AL Dining Room)
19 M 10:15 Music to My Ears (MDR) MM 11:15 Soulful Sunday K 2:00 Yahtzee (MDR) I 2:40 Devotions/Bible Study	20 <b>Spring Begins</b> Pet Visits w/Peanut V 10:00 Exercise- Full Body Workout! GF 11:15 Coffee & Current Events O 1:00 Shopping Trip: Hobby Lobby K 2:00 Bingo (Dining Room)	21 M 9:30 Music w/Adam (AL Dining Room) V 10:00 Chair Yoga O 11:00 Ladies Lunch Out! K 11:15 Trivia Tuesday A 2:00 Community Connections (AL Dining Room)	22 Pet Visits w/ Winston K 10:00 Bingo (Dining Room) GF 11:00 Current Event Catch-Up! O 1:30 Mystery Drive A 2:15 Nails & Hand Massages M 3:00 Way Back Wednesday	23 <b>Ramadan Begins</b> V 10:00 Exercise - Full Body Workout! GF 11:15 Throwback Thursday GF 1:00 Movie Matinee (HC Activity Room) CC 1:30 Homemade French Onion Chip Dip - National Chip & Dip	24 V 10:00 Exercise- Full Body Workout! IG 11:00 Men's Club L 11:15 Fun Fact Friday K 1:30 Horse Racing (MDR) S 3:00 Spring Has Sprung Happy Hour	25 V 10:00 Exercise- Full Body Workout! GF 11:15 Coffee & Convo's K 1:30 National Medal of Honor Day Trivia GG 2:00 Bingo (HC Dining Room)
26 M 10:15 Music to My Ears (MDR) MM 11:15 Soulful Sunday K 2:00 Yahtzee (MDR) I 2:40 Devotions/Bible Study	27 Pet Visits w/Peanut V 10:00 Exercise- Full Body Workout! GF 11:15 Coffee & Current Events O 1:00 Shopping Trip: Kroger K 2:00 Bingo (Dining Room) GG 5:00 Music with Mike (AL	28 V 10:00 Chair Yoga K 11:15 Trivia Tuesday A 1:30 Spring Green Ombre Vases (AL Dining Room) I 3:00 Church with Roger Smith (HC Activity Room)	29 Pet Visits w/ Winston GG 10:00 Bingo (Dining Room) GF 11:00 Current Event Catch-Up! O 1:30 Mystery Drive A 2:15 Nails & Hand Massages M 3:00 Way Back Wednesday	30 V 10:00 Exercise - Full Body Workout! GF 11:15 Throwback Thursday CC 1:30 Ham Delights (MDR) S 2:00 Chef's Circle (MDR) I 5:25 Inspired By Others (MDR)	31 V 10:00 Exercise- Full Body Workout! L 11:15 Fun Fact Friday K 1:30 Connect 4 (MDR) S 3:00 April Fools Happy Hour	

# MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>A</b> - Artisans <b>CC</b> - Creative Cooking <b>GF</b> - Gathering of Friends <b>GG</b> - Group Games <b>I</b> - Inspirations <b>JG</b> - Just the Guys <b>K</b> - Keeping it Sharp/Reminisce <b>L</b> - Lifelong Learning</p>	<p><b>MM</b> - Mindful Moments <b>M</b> - Music to My Ears <b>O</b> - Out &amp; About <b>S</b> - Signature Events <b>V</b> - Vitality</p>	<p>Our Ombudsman: Dana Neer dneer@areafive.com Phone: 574-722-4451</p>	<p><b>1</b> Pet Visits w/ Winston <b>I</b> 10:00 Attitude of Gratitude <b>A</b> 10:30 Nails &amp; Spa Treatments <b>MM</b> 11:15 Mindful Moments- Music in Motion with Therapy! <b>O</b> 1:30 Mystery Drive</p>	<p><b>2</b> <b>Theme Dinner!</b> <b>1950's Sock Hop</b> <b>V</b> 10:00 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Throwback Thursday <b>CC</b> 3:00 Classic Tuna Casserole <b>S</b> 3:15 Chef's Circle</p>	<p><b>3</b> <b>V</b> 10:00 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Fun Fact Friday <b>GG</b> 2:10 Yahtzee (Activity Room) <b>S</b> 3:00 CSS Family Night Sock Hop!</p>	<p><b>4</b> <b>V</b> 10:40 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Coffee &amp; Conversation <b>GG</b> 2:00 Bingo (AL Dining Room) <b>K</b> 3:30 Dr. Seuss Trivia</p>
<p><b>5</b> <b>M</b> 9:30 Music to My Ears <b>MM</b> 11:00 Mindful Moments - Soulful Sunday <b>GG</b> 1:00 Yahtzee <b>I</b> 3:30 Devotions/Bible Study <b>K</b> 4:00 Spelling Bee Time!</p>	<p><b>6</b> Pet Visits w/Peanut <b>V</b> 10:00 Bean Bag Toss <b>MM</b> 11:00 Mindful Moments - Coffee &amp; Current Events <b>O</b> 1:00 Shopping Trip: Walmart <b>GG</b> 3:30 Bingo (Activity Room) <b>M</b> 4:30 Music with Joe Staples</p>	<p><b>7</b> <b>V</b> 10:00 Exercise- Chair Yoga! <b>MM</b> 11:00 Mindful Moments- Trivia Tuesday <b>A</b> 2:00 Community Connections (AL Dining Room) <b>I</b> 3:00 Church with Roger Smith (Activity Room)</p>	<p><b>8</b> Pet Visits w/ Winston <b>I</b> 10:00 Attitude of Gratitude <b>A</b> 10:30 Nails &amp; Spa Treatments <b>MM</b> 11:15 Mindful Moments- Music in Motion with Therapy! <b>O</b> 1:30 Mystery Drive</p>	<p><b>9</b> <b>V</b> 10:00 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Throwback Thursday <b>CC</b> 3:00 Fast &amp; Friendly Meatballs <b>S</b> 3:15 Chef's Circle <b>GF</b> 5:35 Movie Night (B)</p>	<p><b>10</b> <b>V</b> 10:00 Exercise - Full Body Workout! <b>IG</b> 11:00 Men's Club - Out to Lunch! <b>MM</b> 11:00 Mindful Moments- Fun Fact Friday <b>K</b> 1:30 Penny Pitch! (AL Dining Room)</p>	<p><b>11</b> <b>V</b> 10:40 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Coffee &amp; Conversation <b>GG</b> 2:00 Bingo (HC Dining Room) <b>K</b> 3:15 Barbie Trivia - Barbie's 64th Birthday</p>
<p><b>12</b> Daylight Saving Begins <b>M</b> 9:30 Music to My Ears <b>MM</b> 11:00 Mindful Moments - Soulful Sunday <b>S</b> 11:30 Sunday Brunch <b>GG</b> 1:00 Yahtzee <b>I</b> 3:30 Devotions/Bible Study <b>K</b> 4:00 Spelling Bee Time!</p>	<p><b>13</b> Pet Visits w/Peanut <b>V</b> 10:00 Bean Bag Toss <b>MM</b> 11:00 Mindful Moments - Coffee &amp; Current Events <b>O</b> 1:00 Shopping Trip: Kohls (Kokomo) <b>GG</b> 3:30 Bingo (Activity Room)</p>	<p><b>14</b> 9:30 Bingo Store <b>V</b> 10:00 Exercise- Chair Yoga! <b>MM</b> 11:00 Mindful Moments- Trivia Tuesday <b>A</b> 1:30 Pot O' Gold Craft (AL Dining Room) <b>I</b> 3:00 Church with Roger Smith (Activity Room)</p>	<p><b>15</b> <b>I</b> 10:00 Attitude of Gratitude <b>S</b> 10:15 Resident Council <b>A</b> 10:30 Nails &amp; Spa Treatments <b>MM</b> 11:15 Mindful Moments- Music in Motion with Therapy! 12:30 A Visit From Wrangler</p>	<p><b>16</b> <b>V</b> 10:00 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Throwback Thursday <b>CC</b> 3:00 Real Welsh Rarebit <b>S</b> 3:15 Chef's Circle <b>GG</b> 5:25 Card Club (AL PDR)</p>	<p><b>17</b> St. Patrick's Day <b>V</b> 10:00 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Fun Fact Friday 2:00 Inspired Living Meeting <b>K</b> 2:15 Yahtzee <b>S</b> 3:00 St. Patty's Day Happy Hour</p>	<p><b>18</b> <b>V</b> 10:40 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Coffee &amp; Conversation <b>GG</b> 2:00 Bingo (AL Dining Room) <b>K</b> 3:30 St. Patrick's Day Trivia</p>
<p><b>19</b> <b>M</b> 9:30 Music to My Ears <b>MM</b> 11:00 Mindful Moments - Soulful Sunday <b>GG</b> 1:00 Yahtzee <b>I</b> 3:30 Devotions/Bible Study <b>K</b> 4:00 Spelling Bee Time!</p>	<p><b>20</b> Spring Begins Pet Visits w/Peanut <b>V</b> 10:00 Bean Bag Toss <b>MM</b> 11:00 Mindful Moments - Coffee &amp; Current Events <b>O</b> 1:00 Shopping Trip: Hobby Lobby (Kokomo) <b>GG</b> 3:30 Bingo (Activity Room)</p>	<p><b>21</b> <b>M</b> 9:30 Music w/Adam (AL Dining Room) <b>V</b> 10:00 Exercise- Chair Yoga! <b>O</b> 11:00 Ladies Lunch Out! <b>MM</b> 11:00 Mindful Moments- Trivia Tuesday <b>A</b> 2:00 Community Connections (AL Dining Room)</p>	<p><b>22</b> Pet Visits w/ Winston <b>I</b> 10:00 Attitude of Gratitude <b>A</b> 10:30 Nails &amp; Spa Treatments <b>MM</b> 11:15 Mindful Moments- Music in Motion with Therapy! <b>O</b> 1:30 Mystery Drive</p>	<p><b>23</b> Ramadan Begins <b>V</b> 10:00 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Throwback Thursday <b>GF</b> 1:00 Movie Matinee (Activity Room) <b>CC</b> 3:00 Homemade French Onion Dip - National</p>	<p><b>24</b> <b>V</b> 10:00 Exercise - Full Body Workout! <b>IG</b> 11:00 Men's Club <b>MM</b> 11:00 Mindful Moments- Fun Fact Friday <b>K</b> 2:45 Horse Racing Game <b>S</b> 3:00 Spring Has Sprung Happy Hour</p>	<p><b>25</b> <b>V</b> 10:40 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Coffee &amp; Conversation <b>GG</b> 2:00 Bingo (HC Dining Room) <b>K</b> 3:15 National Medal of Honor Day Trivia</p>
<p><b>26</b> <b>M</b> 9:30 Music to My Ears <b>MM</b> 11:00 Mindful Moments - Soulful Sunday <b>GG</b> 1:00 Yahtzee <b>I</b> 3:30 Devotions/Bible Study <b>K</b> 4:00 Spelling Bee Time!</p>	<p><b>27</b> Pet Visits w/Peanut <b>V</b> 10:00 Bean Bag Toss <b>MM</b> 11:00 Mindful Moments - Coffee &amp; Current Events <b>O</b> 1:00 Shopping Trip: Kroger <b>GG</b> 3:30 Bingo (Activity Room) <b>K</b> 5:45 Card Games - Dealer's</p>	<p><b>28</b> <b>V</b> 10:00 Exercise- Chair Yoga! <b>MM</b> 11:00 Mindful Moments- Trivia Tuesday <b>A</b> 1:30 Spring Green Ombre Vases (AL Dining Room) <b>I</b> 3:00 Church with Roger Smith (Activity Room)</p>	<p><b>29</b> Pet Visits w/ Winston <b>I</b> 10:00 Attitude of Gratitude <b>A</b> 10:30 Nails &amp; Spa Treatments <b>MM</b> 11:15 Mindful Moments- Music in Motion with Therapy! <b>O</b> 1:30 Mystery Drive</p>	<p><b>30</b> <b>V</b> 10:00 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Throwback Thursday <b>CC</b> 3:00 Ham Delights <b>S</b> 3:15 Chef's Circle <b>I</b> 6:35 Inspired by Others</p>	<p><b>31</b> <b>V</b> 10:00 Exercise - Full Body Workout! <b>MM</b> 11:00 Mindful Moments- Fun Fact Friday <b>K</b> 2:10 Connect 4 <b>S</b> 3:00 April Fools Happy Hour</p>	<p>Birthdays Evelyn S. 3/3 Darlene K. 3/6 Joyce T. 3/7 Laura H. 3/14 Waunitta W. 3/17 Selma W. 3/26 Warren L. 3/28 Ray Q. 3/28</p>

Blair Ridge Health Campus  
Legacy Lane



# MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Our Ombudsman: Dana Neer dneer@areafive.com Phone: 574-722-4451	EVERY MORNING (Times may vary) 9:30 Vitality 10:00 Keeping it Sharp 10:45 Creative Cooking	EVERY AFTERNOON (Times may vary) 2:00 Artisan 3:00 Musical Celebration 4:00 Group Games 6:00 Gathering of Friends	1 Pet Visits w/ Winston!	2	3	4
5	6	7	8 Pet Visits w/ Winston!	9	10	11
12 Daylight Saving Begins	13	14	15 Pet Visits w/ Winston!	16	17 St. Patrick's Day	18
19	20 Spring Begins	21	22 Pet Visits w/ Winston!	23 Ramadan Begins	24	25
26	27	28	29 Pet Visits w/ Winston!	30	31	Birthdays Evelyn S. 3/3 Darlene K. 3/6 Joyce T. 3/7 Laura H. 3/14 Waunitta W. 3/17 Selma W. 3/26 Warren L. 3/28 Ray Q. 3/28