

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>A - Artisans CD - Clinical Distinction CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations JG - Just the Guys</p>	<p>K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>		<p>1 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 gratitude circle (with Holly) A 10:30 water coloring w/Jeannie GG 2:00 Bingo</p>	<p>2 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE A 11:30 Valentines Crafts O 12:00 MCL CAFE GF 6:00 LIVING ROOM CHAT</p>	<p>3 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE CD 10:30 Nails by Clynda (spa day) A 11:30 left, right, center I 1:30 Bible study GF 3:00 Happy Hour - DJ Moore</p>	<p>4 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 R&T Ministries GG 2:00 BINGO K 3:00 Fireplace chat</p>
<p>5 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 11:00 Sunday Worship CC 1:30 The Ladies in RED K 2:00 movie and popcorn (Selma)</p>	<p>6 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:30 Bible Study W/Sue S 10:30 RESIDENT COUNCIL CC 1:30 creative cooking (chocolate brownies) MM 3:00 Hand Massages</p>	<p>7 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 1:30 Bible study O 2:00 Walmart</p>	<p>8 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 gratitude circle (with Holly) GG 2:00 Bingo</p>	<p>9 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE GF 6:00 LIVING ROOM CHAT</p>	<p>10 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE M 10:00 Crosswords & puzzles S 11:00 chef circle A 11:30 crafty creations I 1:30 Bible study M 3:00 Happy Hour - RJ Sutton</p>	<p>11 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE GG 2:00 BINGO K 3:00 Fireplace chat</p>
<p>12 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 11:00 Sunday Worship K 2:00 movie and popcorn</p>	<p>13 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE V 10:00 bongo bongo I 10:30 Bible Study W/Sue CC 1:30 creative cooking MM 3:00 Hand Massages S 6:00 Family Night (Valentine)</p>	<p>14 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 1:30 Bible study A 1:30 crafty creations O 2:00 TOUR THE CITY</p>	<p>15 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 gratitude circle (with Holly) JG 11:00 RESIDENT COUNCIL GG 2:00 Bingo</p>	<p>16 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE 2:00 Dollar tree GF 6:00 LIVING ROOM CHAT</p>	<p>17 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE A 11:30 crafty creations I 1:30 Bible study M 3:00 Happy Hour -Ray Hoskins</p>	<p>18 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 R&T Ministries GG 2:00 BINGO K 3:00 Fireplace chat</p>
<p>19 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE S 11:00 SUNDAY BRUNCH 11AM-1PM RSVP I 11:00 Sunday Worship K 2:00 movie and popcorn</p>	<p>20 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:30 Bible Study W/Sue CC 1:30 Monday Matinee (hidden Figures) MM 3:00 Hand Massages</p>	<p>21 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE 11:00 CARD SHARKS I 1:30 Bible study O 2:00 WALMART</p>	<p>22 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 gratitude circle (with Holly) GG 2:00 Bingo</p>	<p>23 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE O 2:00 CASINO S 2:00 LADIES IN RED GF 6:00 LIVING ROOM CHAT</p>	<p>24 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE S 11:00 chefs circle A 11:30 crafty creations I 1:30 Bible study M 3:00 Happy Hour - Mrs Lomax</p>	<p>25 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE K 10:00 Coffee and News-*LR GG 2:00 BINGO K 3:00 Fireplace chat</p>
<p>26 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 11:00 Sunday Worship K 2:00 MOVIE MATINEE (SHOWING GREASE) ARLINGTON DRIVE IN</p>	<p>27 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:30 Bible Study W/Sue CC 1:30 creative cooking K 2:00 FASHONISTA'S 1950 MM 3:00 Hand Massages</p>	<p>28 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 1:30 Bible study</p>				

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<p>A - Artisans CD - Clinical Distinction CC - Community Connections CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations IG - Just the Guys</p>	<p>K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events V - Vitality</p>		<p>1 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 gratitude circle (with Holly) A 10:30 water coloring w/Jeannie GG 2:00 Bingo</p>	<p>2 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE A 11:30 Valentines Crafts O 12:00 MCL CAFE CD 2:00 Nail care 2:00 ground hog day Trivia</p>	<p>3 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE CD 10:30 Nails by Clynda (spa day) A 11:30 left, right, center I 1:30 Bible study GF 3:00 Happy Hour - DJ Moore</p>	<p>4 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 R&T Ministries MM 11:00 mindful moments (sense of smell) GG 2:00 BINGO K 3:00 Fireplace chat</p>
<p>5 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 11:00 Sunday Worship CC 1:30 The Ladies in RED K 2:00 movie and popcorn (Selma)</p>	<p>6 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:30 Bible Study W/Sue CC 1:30 creative cooking (chocolate brownies) GG 2:30 wii games</p>	<p>7 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 1:30 Bible study O 2:00 Walmart MM 3:30 Mindful Moments 6:00 LIVING ROOM CHAT</p>	<p>8 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 gratitude circle (with Holly) GF 10:30 Resident council GG 2:00 Bingo</p>	<p>9 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE O 12:00 BW3 CD 2:00 Nail care</p>	<p>10 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE M 10:00 Crosswords & puzzles S 11:00 chef circle A 11:30 crafty creations I 1:30 Bible study M 3:00 Happy Hour - RJ Sutton</p>	<p>11 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE MM 11:00 mindful moments (sense of smell) GG 2:00 BINGO K 3:00 Fireplace chat</p>
<p>12 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 11:00 Sunday Worship K 2:00 movie and popcorn</p>	<p>13 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE V 10:00 bongo bongo I 10:30 Bible Study W/Sue CC 1:30 creative cooking S 6:00 Family Night (Valentine Theme)</p>	<p>14 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 1:30 Bible study A 1:30 crafty creations O 2:00 TOUR THE CITY MM 2:30 Mindful Moments</p>	<p>15 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 gratitude circle (with Holly) IG 11:00 RESIDENT COUNCIL GG 2:00 Bingo</p>	<p>16 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE CD 11:00 Nail care 2:00 Dollar tree</p>	<p>17 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE A 11:30 crafty creations I 1:30 Bible study M 3:00 Happy Hour -Ray Hoskins</p>	<p>18 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 R&T Ministries MM 11:00 mindful moments (sense of smell) GG 2:00 BINGO K 3:00 Fireplace chat</p>
<p>19 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE S 11:00 SUNDAY BRUNCH 11AM-1PM RSVP I 11:00 Sunday Worship K 2:00 movie and popcorn</p>	<p>20 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:30 Bible Study W/Sue MM 10:30 mindful moments (THURGOOD MARSHALL) CC 1:30 Monday Matinee</p>	<p>21 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE 11:00 CARD SHARKS I 1:30 Bible study O 2:00 WALMART 6:00 LIVING ROOM CHAT (PRESIDENTS DAY)</p>	<p>22 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:00 gratitude circle (with Holly) GG 2:00 Bingo</p>	<p>23 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE O 2:00 CASINO CD 2:00 Nail care</p>	<p>24 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE S 11:00 chefs circle A 11:30 crafty creations I 1:30 Bible study M 3:00 Happy Hour - Mrs Lomax</p>	<p>25 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE K 10:00 Coffee and News-*LR MM 11:00 mindful moments (sense of smell) GG 2:00 BINGO K 3:00 Fireplace chat</p>
<p>26 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 11:00 Sunday Worship K 2:00 MOVIE MATINEE (SHOWING GREASE) ARLINGTON DRIVE IN IG 2:30 just guys</p>	<p>27 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE I 10:30 Bible Study W/Sue CC 1:30 creative cooking K 2:00 FASHIONISTA'S 1950</p>	<p>28 L 9:00 Chronicles-Room Visits & discussion V 9:30 CHAIR EXERCISE GG 11:00 BOWLING IN THE 50'S I 1:30 Bible study MM 2:30 Mindful Moments 1950 SITCOMS 6:00 LIVING ROOM CHAT</p>				